



**MENTAL
HEALTH
FIRST AID**



This training is for:

- **Ministers**
- **Ministry Staff**
- **Ministry Students**
- **Ministry Administrative Personnel**
- **Small Group Leaders**
- **Sunday School Teachers**
- **Any member of faith-based community**
- **First Responders/Police/Fire Fighters**
- **Educators/University Leaders**
- **Deacons and Elders**
- **Caring Citizens**
- **Family Members**

Jan. 27th 4 to 9 p.m.
&
Jan. 28th 8 a.m. to 5 p.m.
New Life Community Church
1206 Business Loop 70 W # C
Columbia, MO 65202

*** LUNCH will be provided!**

You know how to pray with someone who is going into surgery. Would you know what to do if someone was suffering or thinking about ...

Suicide? Grief?

Depression? Drugs or Alcohol?

How would you know? How can you help?

Get trained through this 12-hour course that prepares caring people in the faith community to assist individuals in crisis.

You will learn:

- **Signs and symptoms of common mental disorders.**
- **A 5-step action plan to help an individual in crisis connect to professional care.**
- **Resources available to help someone with a mental health problem.**

CONTACT:

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Participants will need to register by **Jan. 20th.**
*There will be no registration fee.